Optum

Ergonomic and MSK support, simplified



ErgoPro is your go-to solution for managing workplace injuries and discomfort caused by poor ergonomics. Designed to be proactive, reactive and ongoing, it's more than just a tool — it's a comprehensive solution that includes a certified ergonomic specialist to ensure that employees get the support they need.

Whether as part of a safety and risk initiative, a wellness program or an opt-in benefit, ErgoPro offers tailored interventions to address ergonomic concerns and promote a healthier, more comfortable workplace environment.

Effective office ergonomic interventions reduce MSK issues

61%

National Institutes of Health

Good ergonomics is good for organizational performance. ErgoPro can help.



Improved well-being

Enhance workplace productivity, morale and job satisfaction by minimizing discomfort and reducing MSK risks.



High satisfaction

Improve employee well-being and overall job satisfaction with proactive engagement and supportive interactions.



Cost savings

Engage employees in corrective exercises to manage pain and discomfort and quickly triage to next-level care to mitigate MSK concerns.

A total ergonomic solution combining a certified, dedicated specialist and a platform tool for end-to-end employee engagement and MSK management



Self-assessments, functional movement screenings and individualized programming



Workstation adjustments and modifications with emphasis on proper movement quality and corrective exercise



Identification of discomfort levels before MSK conditions affect productivity or lead to high-cost claims



Customizable platform and program management system available to all employees, regardless of location



Available as a US-based or international resource to support global health strategies



of employee engagement, discomfort levels, changes in productivity and key trends

Comprehensive reporting

Proven results

A financial services company realized broad employee engagement with ErgoPro, reaching key metrics, including:

14% reduced MSK spend for employees who engaged in ErgoPro over a two-year period

66% of employees maintained or improved their level of comfort

70% of employees who engaged in ErgoPro maintained or improved their productivity

90% of members were satisfied or extremely satisfied



Ready for a balanced approach to workplace well-being?

Schedule a discovery call.

