



Fitness center design and development

As the leading provider of employer-based fitness and wellness solutions, we've consulted on everything from boutique to single-tenant corporate to multi-tenant property fitness centers.

We'll help bring your fitness center vision to life

The Optum design team is dedicated to the successful development and launch of our clients' fitness and wellness spaces. We will work with your project team throughout the design process to create a highly functional facility, designed with employee well-being in mind.



Schematic design

The successful launch and operation of our clients' space is our top priority. We work with your project team throughout the design process to create an attractive and highly functional facility through:

- Utilization of proprietary design questionnaires, benchmarking and metrics
- Project planning and industry leading expertise on the latest technology and trends
- Equipment consulting for a balance of function and design



Design development

During the development of the fitness center, our team consults with the architect and project teams on all aspects of design. This process continues through project completion to ensure a successful build, including:

- Full facility design to include all equipment, locker rooms, AV and electrical requirements
- Comprehensive equipment specification packages inclusive of fitness equipment and necessary fixtures, furniture and equipment
- Capital budget planning and development

Our design team share industry best practices to ensure a successful launch and engaging employee experience.

Construction documents and administration

We work with your project team to identify the most appropriate equipment that best meets the needs of your population.

Our team provides technical assistance to you project team in preparing the necessary construction documents for the project, including:

- RFI coordination and review
- Attendance at relevant construction meetings and page-turns
- Construction documentation review and administration
- Logistics and schedule management

Procurement and logistics management

We coordinate the logistics with each manufacturer and navigate all the steps within the process. Optum has relationships with all major fitness equipment manufacturers, enabling us to secure discounted pricing and reduce installation time.

By choosing Optum for procurement and project management services, you benefit from:

- Significant cost savings
- Leasing and purchasing options
- Logistics and procurement management
- Financial commitment and budget transparency
- Delivery and site preparation
- Equipment installation and oversight
- Post-installation walk-through and punch-list management



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Ready to bring your fitness center vision to life?

Contact us

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